

# BCRC Co-Ed Volleyball Rules

## Match Format

Best two out of three games decides match winner  
First 2 games are played to 25; third game is to 15. Must win by 2 in all games  
Rally scoring format will be used for all games  
Each team gets a 30 second timeout per game  
1 minute intermission between each game  
Teams switch side and service each game

## Players

6v6 on the court. Minimum of 4 players to start a game. Max of 3 males on the court with no maximum number of females on the court.

## Serving

Team designated as Home on the schedule will serve first for games 1 & 3 (if needed). Server has 10 seconds for toss. If the ball contacts net on the serve and goes over to opponent's side this is a legal serve. Server may not step on or over the serving line until ball has been contacted. The serve receive may not be blocked, spiked, or attacked with an overhand gesture towards the ball.

## Hitting/Blocking

A player may reach over the net to block a ball if: any portion of the ball breaks the plane of the net; after the offense has come in contact with the ball on a third attempt.  
Ball must be cleanly hit when spiking with an open or closed hand; guiding or carrying is illegal.  
Back row players cannot spike or run up to block at the net. If a back row player wishes to spike a ball, they must be behind the 10 foot line. No part of the body may touch the net at any time.

## Rotating/Substitutions

Teams must rotate at every side out. This includes the first side out of the game. Teams are not allowed to decide not to rotate for their first service.

Player for Player Substitutions – a player who is out may substitute for a player who is on the court. These two players may only substitute for each other during the course of the game. Once you substitute for someone, you may not substitute for anyone else. Can only happen after a side out or time out.

Rotating In Serving Position – all of your substitutes may rotate into one position on the court. You may not skip anyone unless it's to adhere to male/female ration limits, which limits it to no more than 3 men on the court at all times. Players standardly rotate in the service position.

## **Faults**

Four hits before returning the ball over to the other side

Double contact – player hits the ball twice in succession or the ball touches two different body parts of his/her body

Back row spiking or blocking in front of the 10 foot line

Ball hitting the ceiling and going over to the other side

\*We will utilize the KSHSAA volleyball rules unless otherwise noted above